

real" to the "abductee."

Hypnotic procedures appear to be appropriate techniques for exploring the memories of these experiences, as well as helpful procedures for releasing emotional reactions which are associated with the UFO experiences. The classic case of Betty and Barney Hill has been described by Fuller (1966). A recent review of the literature has been presented by Sprinkle (1976). However, some UFO investigators are skeptical about the accuracy of recall during hypnotic regression procedures. For example, Allan Hendry, of the Center for UFO Studies, conducted a survey among UFO investigators about their views on the usefulness of hypnotic procedures; he concluded (Hendry, 1978, p. 5): "...Hypnosis is not a well-understood phenomenon and, at this point, it cannot be stated definitively whether or not the accounts provided by UFO witnesses under hypnosis are entirely accurate. Certainly, hypnosis is a useful tool but one whose limitations and capabilities have not yet been calibrated."

Table 1

Summary: Investigation of UFO "Abduction" Cases

Interviews and Hypnosis Sessions

Case	Year	Polygraph Examination	Psychol. Inventories	Psychiatric Exam	Estimate ^b of Character	UFO Experience ^c
1	1967				Poor	Physical?
2	1968				Fair	Physical?
3	1968		x ^a		Good	Physical?
4	1974	x	x	x	Excellent	Physical?
5	1975				Fair	Physical?
6	1975				Fair	Physical?
7	1975				Fair	Physical?
8	1976				Good	OBE?
9	1976				Good	OBE?
10	1976	x	x		Excellent	Physical?
11	1976	x	x ^a		Excellent	Physical?
12	1976	x	x ^a		Excellent	Physical?
13	1976				Good	Physical?
14	1977		x		Excellent	Physical?
15	1977		x		Excellent	Physical?
16	1977		x		Good	OBE?
17	1978		x		Good	Physical?
18	1978		x		Good	Physical?
19	1978		x		Good	Physical?
20	1978				Excellent	Physical?
21	1978				Excellent	Physical?
22	1978				Excellent	Physical?
23	1978		x		Excellent	Physical?
24	1978				Excellent	Physical?
25	1978				Fair	Physical?
26	1978				Excellent	Physical?

^aPsychological Inventories: Results of these inventories have not been received.

^bCharacter: Subjective ratings of participants' self-awareness, integrity, and willingness to assist investigators.

^cUFO Experience: Physical reality? Paranormal (Out of Body Experience) reality?

Despite the difficulties of obtaining valid information from UFO witnesses, hypnotic procedures offer a method by which these experiences can be explored. Of course, there are ethical, as well as scientific, questions which are posed by the use of hypnotic procedures in UFO research. Interested investigators, witnesses, and hypnosis practitioners are referred to a paper (Sprinkle, 1977) entitled, "Hypnotic time regression procedures in the investigation of UFO experiences." The paper appears as an appendix in the book by Lorenzen, Coral E., & Lorenzen, L.J. *Abducted!* NY: Berkely Press, 1977. Pp. 191-222. Interested

APA members can obtain a copy by writing to this address:

H. Leo Sprinkle, Ph.D.
Division of Counseling & Testing
Box 3708, University Station
Laramie, WY 82071

For further information about UFO organizations, UFO literature, and questionnaires for the investigation of "unusual" UFO observations, the reader is referred to the *Appendix* of this paper.

Any interested psychologist is encouraged to conduct his or her investigations of UFO experiences. Perhaps those of us who have delved into the mass of UFO reports are beginning to perceive an outline of the pattern of reports; if so, we need support from other investigators. Perhaps we have made important errors in our observations and procedures; if so, we need criticisms and suggestions from other investigators.

A word of caution to any interested psychologist: If you seek certainty, be careful! UFO research seems to be characterized by controversy and absurdity. If you are curious and like to explore a good mystery, come on in! The water is fine! And if you do decide to investigate UFO experiences, what can you expect to learn?

SPECULATIONS

Here are the speculations of one investigator (Personal Communication, 1978) about the significance of "contact" experiences between UFO percipients and the intelligence behind the UFO phenomenon:

Purpose of Contacts: Filtering of knowledge to people of earth.

Method of Operation: A certain type of person is being abducted and implanted with information which is to serve as a bridge to understanding and extra-terrestrial perspective on earth. Implantation involves an area of the mind which cannot be tapped by hypnosis unless so permitted by "extra-terrestrials." The knowledge is designed to be doled out in a step by step fashion, to the proper people of earth and at the proper times. This is all controlled by "keys" and "cues" implanted along with the knowledge.

Long term contact is maintained with the contactees thru sensor beam communication, telepathy, trances, repeated abductions and face to face encounters with "extra-terrestrials" living on earth.

Motivation of the Method: To filter information on a grass roots level to the common people of earth. Exploitation, sensationalism and misuse of the information are controlled by selecting contactees who have little use or understanding for the knowledge. Also, each contactee is given a "bit" of knowledge, "or piece of the great puzzle" requiring that he/she unite with other contactees and combine the knowledge with facts already established by earth scientists.

X

1978

A primary concern is to let "earthlings" do the hard work of reasearch, analysis and application of the knowledge so that we do not become "lazy" and sycophantic with relation to the "extra-terrestrials."

Relationship Dynamics Between Extra-Terrestrials and Earthlings:

The dynamics of the relationship are similar to a counseling and guidance paradigm. The guidance involves psychological guidance leading to self-determinism and spiritual-metaphysical experiences, along with scientific knowledge and technical application of knowledge.

The Body of Knowledge: The information can be classified into four or five basic areas:

1. Archaeological, involving clues to re-study of pre-history events and patterns of society.
2. Geological, involving earthquakes and land mass shifts.
3. Meteorological, involving current weather conditions as they are affected by magnetic forces.
4. Genetic, involving cloning.
5. Biological, involving extension of life-span, regeneration of tissue and general "body-building" of man.
6. Scientific, involving space travel--Their Way--electro-magnetic fields of earth and their relationship to bio-magnetic fields and their combined relationship to electromagnetic properties of matter, energy and thought.
7. Spiritual knowledge involving experience of consciousness beyond the body: telepathy and other paranormal phenomena.

Each Contactee is given his or her own piece of this vast body of knowledge; she/he is instructed to research the past civilizations of earth and discover indications that this knowledge did, in fact, exist on earth at one time.

Then, she/he is challenged with presenting the knowledge again to mankind, in a way that proves beneficial to all mankind, without causing division or exploitation with the people and societies and governments of the world.

If true, this is a brilliant plan and leads us, by logic, to shift study from UFO sightings and contactees--to the knowledge presented thru contactees.

TENTATIVE CONCLUSIONS

If UFO investigators have not perceived correctly the general outline of the UFO phenomenon, then we are wrong and wasting our time. But if this general outline is correct, then we have guidelines by which we can analyze and compare the significance and meaning of UFO reports. Hypnotic procedures offer us a method by which we can explore the memories of UFO contactees and evaluate the meaning of their UFO experiences.

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Address Corrections

was sent up following the Perth Airport report but sighted nothing.

UFO CONTACTEES: CAPTIVE COLLABORATORS OR COSMIC CITIZENS? ^o

By R. Leo Sprinkle

[Continued from Vol. 29, No. 5]

In 1976, Pat telephoned me, introduced himself, and stated that he had seen several strange objects in the air over his well and ranch; I told him that I would send him a report form to complete and return, and I thanked him for his call. He completed and returned the form; later, he called to invite me to visit the ranch, while Deputy Sheriff Jim Conyers investigated the mutilation of a cow. I did not accept the invitation; I had been quite busy with my office duties, and my weekend travels to various states to interview UFO abductees.

Almost 2 years after Mr. McGuire's initial telephone call, I finally drove the 30 miles to his ranch; my willingness to investigate his UFO experience was based upon the possibility that Pat had experienced a "loss of time" during a hunting trip with his brother-in-law in the Teton Mountains during October of 1973.

When I met Pat, I found him to be a friendly and pleasant man. I was fascinated by the huge well and irrigation. Pat is of average height and weight, with an open and sincere manner; he is proud of his ranch, and his family who come from a background of Irish-Catholic traditions; he is not an articulate speaker, and he admits to his difficulties in writing and spelling; however, he is intuitive about people and situations; and he is suspicious about any businessman who tries to tell Pat L. McGuire what he should do and how to do it!

Pat has been willing to be the object of many investigations: psychiatric evaluation; psychological inventories; and hypnotic time regression procedures. According to the report of a psychiatrist, Dr. Angela I. Howdeshell, Pat was diagnosed as experiencing no psychiatric illness; according to the psychological inventories, Pat's pattern of scores are like those of persons who are seen as friendly, dominant, conscientious, suspicious and "hard to fool." In the presence of many investigators and observers, Pat has allowed

himself to follow hypnotic time regression procedures for exploring his impressions and memories of his UFO experiences. The obtained information is so strange that all of us, including Pat, find ourselves blinking our eyes and shaking our heads in disbelief!

In my initial report to APRO (November 1978), I described the various claims by Pat, his family, and co-workers: sighting a large "ball of fire" over the fields; sightings of "flying saucers" over the well and over the rise near the trailer home; poltergeist activity (raps or knocks on the trailer); electromagnetic effects on the electrical systems by the house and well, etc. Pat has described many strange events which occurred while he was alone on the ranch, e.g., electromagnetic effects when, without any known cause, the power of the irrigation systems would be turned off. During one night, he experienced paralysis of his body, which left him screaming for a few minutes until the paralysis gradually subsided.

During the summer of 1976, two cattle mutilations occurred on the ranch, shortly after a period of many UFO observations. At that time, Pat was of the opinion that he and his brother-in-law should "catch the guys" and claim the reward. (Pat had assumed that "sex cults from Laramie" were responsible!) However, with careful planning and a quiet approach toward the "lights," they were unable to see any persons or vehicles. Then, one evening, Pat observed a "flying saucer" descend toward a ridge, approximately 1 mile from the trailer house; through his "spotting" telescope, Pat watched the UFO as it seemed to hover, then move around the ridge; the cow, which had been under the UFO, was no longer there. The next morning, Pat drove to the area, found a calf bawling, but he found no trace of the missing cow. Pat began to change his views: he wondered if UFOLK were responsible for the mutilations, as if "they" were "governors" and in control of human activities.

Then, in the winter of 1979-80, during several hypnotic sessions, Pat found himself describing two kinds of impressions which were puzzling and mysterious: impressions, or memories, that he had been transported to an "Oval Room" for instructions by alien beings, so that he could begin his plans to dig a well; and impressions, or memories, that his "mind" or his subconsciousness had been "implanted," somehow, into the body of an "Israeli General," during the war between Israel and Egypt in October 1973. Pat obtained impressions from the UFOLK that he had lived several lifetimes as a Jewish military officer, fighting Romans, and other enemies of Israel.

Although Pat is puzzled by these impressions, he now wonders if these impressions are connected with his compulsion to buy and wear a large belt buckle which features a "star of David." Now, he also wonders if these impressions, or memories, are connected with a (precognitive?) feeling, which occurred in 1973: a "vision" while watching a TV news program, that Israeli military forces would move toward Cairo, only to be stopped by USA paratrooper forces. Pat

said that his "vision" was confirmed in a conversation with a young man, wearing a USA Army jacket with an 82nd Airborne "patch," who worked as a temporary crew member on the well. Then, Pat began to doubt the claim of the young man, because no mention was made in the public news about the USA military forces in Egypt during October of 1973.

Pat is puzzled about the significance of these impressions about possible past lives; these impressions are not consistent with his childhood training. However, he accepts the possibility that he may have received "instructions," in 1967, to begin plans for digging the well; he describes his efforts in digging the well to be similar to the compulsive behavior of the hero in the movie, *Close Encounters of the Third Kind*. Pat is puzzled by the impression, or memory, of a message from the UFOLK that they would "bring the water" if he would dig the well; however, he knows that the well exists, and he knows that several neighbors and companies have tried, without success, to drill other wells in nearby locations.

What can be concluded from the experiences of Pat McGuire? What are his impressions of UFOLK who steal a cow and who monitor his life and well and irrigation system? Pat is puzzled by these strange experiences, but he is aware of several changes in his life:

1. After 1973, he experienced anxiety whenever he tried to hunt in thick timber; now, after hypnotic time regression procedures, he again enjoys hunting trips to Western Wyoming.

2. He recognizes the possibility that the "flying saucer", which picked up one of his cows, could have picked up a cow - unobserved - on the other side of the ridge. He interprets this experience as an indication that "they" wished to be observed. Now, he no longer holds the view that animal mutilations are performed by humans; he believes that UFOLK are "in charge."

3. Pat no longer fears the presence of UFOLK; the monitoring of the well and irrigation activities seems to be a benign, or neutral, rather than a hostile, activity.

4. Pat does not know how to interpret the impressions of "past life" experiences; however, they are vivid impressions. He can accept the possibility that "past lives" impressions are "fantasies" or that they are "real." In either event, his attitudes are those of a person who cares about other humans, especially children, and he now believes that UFOLK are "governors" of humankind.

SIGNIFICANCE OF UFO CONTACT

What can be concluded from the investigations of UFO abductees and contactees?

If one listens to these persons as they describe their initial memories or impressions of abductions, then one can conclude that these persons view themselves as captives. Most of these persons are frightened; sometimes these persons are frantic and almost hysterical as they describe their abductors, and as they "relive"

the abduction experienced during hypnotic regression sessions (Sprinkle, 1977).

If one watches these persons during their daily activities, one often sees them as obsessive - compulsive (or creative!) in their behavior. Contactees often act as if they were collaborators: working with unseen demons who push, nag, cajole, and/or encourage the contactees to complete a project or mission. Some contactees feel obliged to move to another area; some begin reading about ancient civilizations; some receive impressions or messages of scientific theories and devices; some receive impressions or messages of "future" events.

If one observes UFO contactees over a span of years, then one could offer another hypothesis: these persons are changing from Planetary Persons to Cosmic Citizens (Sprinkle, 1979a). These individuals seem to exhibit a caring concern for all humankind, as if they are experiencing compassion for all other persons, not only their immediate family and friends. They seem to have developed many of the characteristics which have been described as "Cosmic Consciousness" (Sprinkle, 1976b).

OBJECTIONS. Of course, there are many objections by skeptical investigators about these claims, and impressions, which arise during hypnotic time regression procedures. Experienced investigators, e.g., Lawson (1979), and Hendry (1979), raise questions about the uses of hypnosis in evaluating UFO abduction claims. There seems to be little objective "proof" to substantiate the claims of UFO contactees. But there is a tentative hypothesis which can be explored about the difference between UFO "observers" and UFO "witnesses."

HYPOTHESIS OF UFO WITNESSES. Experienced investigators are in a position to consider one specific hypothesis about UFO contactees: UFO "observers" who become "witnesses" increase their opportunities to develop successful lives. In other words, the hypothesis can be stated as follows: those persons who claim UFO encounters, but who refuse to "go public", may experience personal difficulties in developing successful lives; those persons who claim UFO encounters, and who become "witnesses" or who are willing to "go public", may risk social ridicule but their personal lives will be enhanced. (If the reader/listener has seen the movie, "Oh, God", starring John Denver and George Burns, then he/she is aware of the model or paradigm: Hero/Heroine experiences a series of strange, and bothersome, "coincidences" or psychic manifestations; Hero/Heroine is reluctant to become a "witness" or to tell other people about the experiences; the manifestations continue. Then, Hero/Heroine decides to follow the urge and give the "message" to the public or to the rest of the world. The twofold message is simple: God exists; be kind to one another. Hero/Heroine experiences social ridicule, but gains spiritual maturity and a sense of personal satisfaction in completing the task or mission!)

"As an example, here is a letter written on January 10, 1980, to a woman, Peggy, who is frightened and puzzled about her UFO experiences and her feeling that she is being monitored by UFOLK. The letter is written by Ms. Ann Canary of Denver, Colorado. Fourteen years ago, Ms. Canary experienced an UFO encounter, including abduction; bodily examination; out-of-the-body experience; and near-death experience. For 12 years, she lived in fear of ridicule and rejection by family and friends. After hypnotic regression procedures to assist her in recalling and integrating her memories of her UFO experiences, she has become more open in discussing her experiences, and she is more willing to share her beliefs about the significance of UFO contact: the merging of "science" and "spirituality."

Now, she sees herself as a "Cosmic Citizen" who is dedicated to the welfare of all humankind, and she feels an affinity to all existence. She is concerned about the current crises in Earth's political, economic, and military conflicts; however, she is optimistic about the scientific and spiritual development which can emerge. She writes to Peggy as follows:

January 10, 1980

Dear Peggy,

I received your letter yesterday and will try to write you what words I can that may help you or at least give you some reassurance and comfort. I did receive a letter with your name and address and request for me to correspond with you from Leo several days ago—but I had company with me until January 6 so had no privacy for letter writing. Sorry for the delay in getting with you.

First, I would suggest that you get a loose leaf notebook and try to keep a record of your feelings and experiences. Keep it next to your bed and record as much of your experience[s] as you can remember. It may prove very helpful in future months in trying to find your own explanation for what has been happening to you.

I am not clear as to what you mean when you write, "zapped my mind." Could you explain further. Is this a telepathic communication, or do you feel that you are being monitored physically in some way? I ask this question for I have found that they work on each individual in a different way. With some individuals they seem to pursue biological knowledge. With others they are more interested in your mental capabilities [thoughts or knowledge in a particular area they are concerned with communicating with you about—like law enforcement on Earth, or how you feel about being a teacher, engineer, etc.]

With others they appear to be interested in what motivates your morality or ethical conduct towards others. Your inner spiritual awareness, open mindedness, and conduct within yourself towards your surroundings.

I am not sure that I can tell you what they want or why they seem to be paying attention to you at this

I am not positive that they are from space—but they could be. I have often wondered if they are not multi-dimensional and are here to study and learn about our world. I believe they are from space, but I have no proof; and they certainly do not respond to the known laws of physics or science as we know it. Their communication with me has been thru various dreams and telepathic means.

I feel that what they wanted from me was for me to become aware of the reality of our living Universe. They do on occasion check on me or monitor me in some way. I can usually feel their presence and hear a slight ringing when they are looking me over. They seem to check on the progress we make here—and after they establish contact with you they can always locate you.

Peggy, don't be afraid of them. In the first place—those that I have had contact with in the past may have appeared to have been "cold" in their dealings with me—but basically they are very intelligent and clinical in their approach to us. They do not understand human emotional reactions and I think that this is one reason they have not made themselves public or obvious beyond doubt to this planet.

I believe, like I stated above, that they keep coming back to monitor and check up on my progress. To see how I am progressing with the knowledge that has come my way and that I have been receptive to as a result of my experience with them several years ago. Peggy, I do not have solid answers for you—but you can rest assured that you are not alone. There are many of us—and each of us has experienced something unique that has changed our concepts about our Universe, our Planet, ourselves.

Try to pray often and meditate within yourself. Keep an attitude of peace if at all possible. You may have an opportunity to learn and grow as a human being that could prove to be most worthwhile and very rare. There are many questions to be answered and it appears that each one of us is given only a small part of the puzzle.

So, keep faith with yourself. You and you alone know what has happened. You may not be able to prove it [none of us can at this point in time], but the important thing is that you believe in yourself, and what you have experienced. There are some books that you might try to find and read. At the close of this letter I'll send you some suggested titles and the names of the authors.

Try to learn all that you can—and keep an open mind. I would suggest that you be careful in so far as who you share your experiences with. Keep a diary and stay open for the possibilities for learning and growth.

TO BE CONCLUDED
IN THE NEXT ISSUE.

Thanks to this field investigation, witness Francisco Lopez Rivero gave certain additional details that allowed investigator Antonio Moya Cerpa to make drawings in his presence that he approved, which are included in this report.

Investigators: J. Ignacio Alonso, Joaquin Mateos Nogales, J. Antonio Gutierrez, Manuel Filpo Cabana, and Antonio Moya Cerpa.

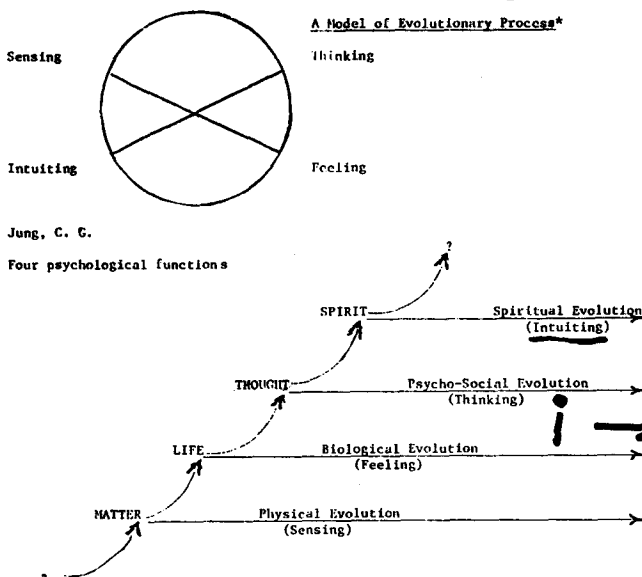
The article originally appeared in *Vimana* 1:4, pp. 34-35. *Vimana* is published by: C.I.O.V.E., Rualasal, 22; Santander, Spain. Translation (and slight editing) by Richard W. Heiden.

MODEL OF UFO EVIDENCE

By R. Leo Sprinkle Ph.D.
Conclusion

Now for the moment, let us assume that I am telling a true story. Let us suppose that I am not lying; that these two people are accurate and honest in describing the details of their sighting and in recalling the details of their first meeting. Then, we could ask ourselves, "who has the knowledge and the technology to arrange lights in the sky, in response to a mental request for a 'sign,' which can be interpreted as a replication of an earlier experience of these particular observers at this particular space-time location?" I don't know about your answers, but my answer is, "I don't know!"

If we no longer grant the earlier assumption, then I could be lying, or mistaken; the two observers could be lying, or mistaken; you listeners could be wasting your time in considering the meaning of UFO experiences, rather than using your valuable time to run outside and discover the reality of UFO experiences!



*Ruxley, J. *Evolution in action*. NY: A Mentor Book, 1953.

*Teilhard de Chardin, P. *The phenomenon of man*. NY: Harper Torchbook, 1961.

PERSONAL BIAS

My personal bias is to accept, tentatively, the hypothesis of Cosmic Consciousness Conditioning (CCC) to deal with the mass of evidence for UFO experiences, (Sprinkle, 1976). This hypothesis suggests that the UFO display is an educational experience for the UFO observer; the event "teaches" the observer that her or his view of reality is OK, but it also is incomplete. Further, the observer cannot "prove" that the UFO experience happened as a physical space-time event. The UFO witness may be puzzled and frightened, but the important feeling is that "something" has happened which is so significant that the life style of the witness is altered. UFO abductees or contactees apparently go through a mental and spiritual transformation; they have a "mission:" to assist Humankind in its social transformation.

Thus, the UFO display - according to the CCC hypothesis - provides the UFO contactee with an experience which can be interpreted as a physical display, engineered by biological beings, with a psycho-social context, in order to achieve a spiritual purpose.

If we assume, for the moment, that this hypothesis is worthy of consideration; and if we assume that UFO contactees are accurate in describing their UFO experiences, and the messages which they receive; then we can suppose, tentatively, that UFO activity is a huge operation, involving more and more humans each year. Each UFO witness, or contactee, is given an individual display or experience, but the overall effect is to change human consciousness, to modify social beliefs. For a marvelously artistic and scientific view of the changing patterns of belief, see the book by Blair (1976), *Rhythms of Vision*.

A cultural transformation is occurring - without a grand governmental grant; without a massive military movement; without an elite educational endeavor; without a persuasive political program. A cultural transformation is occurring among ordinary people of Earth; this transformation should be frightening to anyone who has vested interest in maintaining an outmoded world view; in other words, this transformation should be frightening to every single person on Planet Earth!

SUMMARY and CONCLUSIONS

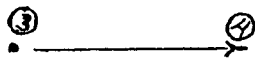
Those models of UFO activity which accept a multi-level view of reality, and which allow the possibility that any investigator can accumulate any UFO evidence to support any UFO hypothesis, are useful because they allow a "fun" game and "fair" game: "fair" because any interested participant can find the evidence which is being sought; "fun" because the eventual task will be to seek aesthetic as well as accurate combinations of data, evidence, information, knowledge, theories, and wisdom.

I cannot predict what will become of Big Foot,

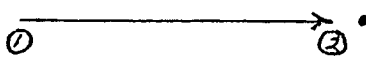
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Bermuda Triangle, Daylight Discs, Close Encounters, Little Green Men, Mutilations, Men in Black, and Nocturnal Lights. I cannot predict the eventual evidence for those topics which relate to human consciousness. I am aware that significant knowledge about human behavior is being developed. For example, see the difficult but brilliant book by Foulkes (1978), *A Grammar of Dreams*. Perhaps, someday, linguistic and cognitive models can be applied to the analysis and interpretation of the UFO experience.

Meanwhile, I close with these hypotheses about the possible significance of UFO activity.



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HYPOTHESES ABOUT UFO ACTIVITY

1. If UFO occupants are flesh and blood entities, then they are highly advanced creatures.
2. If UFO occupants are animals and/or robots, then they are controlled by highly advanced creatures.
3. If UFO contactees are receiving "untrue" messages, then humans may be involved in a struggle or a war with an alien civilization or between two or more civilizations.
4. If UFO contactees are receiving "true" messages, then humans are being taught to meditate, to increase their personal awareness, and to increase their knowledge of the universe.
5. More and more contactees, who believe that special knowledge has been implanted in their minds, will seek out other contactees, in order to share their special knowledge.
6. Advances in scientific knowledge will be made along those lines which permit humans to prepare for space-time travel; to gain an appreciation of ancient civilizations; to predict earthquakes and other earth changes; to learn more about cloning and genetics; to explore various psychic phenomena; and to develop a greater sense of personal ethics and social responsibility.
7. A network of communities or centers of contactees will be established in strategic areas.
8. Mass communications on Earth will continue to emphasize the theme that "we are not alone."
9. UFO contacts will continue to be experienced by more and more humans; however, the contacts will occur gradually, until a majority of humans accept the various levels of physical, biological, psycho-

- logical, and spiritual realities of UFO activity.
10. If UFO entities are extra-terrestrial and seek to establish formal contact with Earth people, they will wait until Earth governments acknowledge the peaceful presence of UFO entities.
11. If UFO entities are extra-terrestrial and do not seek to establish formal contact with Earth people, then they will wait until Earth people have developed space-time travel and have made contact "out there" with UFO entities.
12. If UFO entities are extra-dimensional and seek to establish formal contact with Earth people, they will wait until Earth governments acknowledge the peaceful presence of UFO entities.
13. If UFO entities are extra-dimensional and do not seek to establish formal contact with Earth people, then Earth people will continue to believe that UFO contacts were a "myth."
14. The significance of UFO phenomena is not in what they are, but what they mean.
15. The Name of the Game: UFO activity is one segment of a program to change human consciousness so that, individually and collectively, humans change from Planetary Persons to Cosmic Citizens.

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productive communication can be established. I fear that this call may result in a rash of contactees making new claims — for which shall be the real contactor of these things that Sheaffer calls "jealous phenomena"? And here is where organizations such as APRO can apply their expertise — in the weeding out of false contact persons and the possible encouragement of those who are able to make real and sustained and productive contact.

By vigorously thrusting back both of the old and tired UFO theories, the nuts-and-bolts theory and the its-all-nonsense theory, Vallee has done us all a favor. Let the dust settle, and let us go on in the light of these new ideas.

Jon Beckjord



LEVELS OF REALITY AND THE UFO DISPLAY

By B. Leo Sprinkle, Ph.D.

[Delivered at the 1st UFO Congress in Brazilia, Brazil — October 26-30, 1979]

INTRODUCTION

My dear General Uchoa, I thank you from the bottom of my heart for the opportunity to participate in this International Congress of Ufology. And for your request that there be no smoking in the auditorium, I thank you from the bottom of my lungs!

Also, I wish to express my appreciation for courteous and generous assistance from your many friends, including your secretary, translators, reporters and photographers, and the young ladies who go about their errands looking so cool and so lovely!

I wish to express my admiration for your intellectual leadership, for your courage, and for your charm. I salute you!

Ladies and Gentlemen, I came to the congress with the intent to read a paper on the uses of hypnotic procedures in the investigation of UFO experiences. However, in the interest of time, I have rewritten my paper. I shall read only a small portion of the original paper (those investigators who wish to receive a technical paper on the uses of hypnotic procedures can write to me for a copy).

My thanks to my translator, Robin, for his talent and energy. Perhaps, a "Robin" and a "Sprinkle" can bring some "Springtime" to a dry paper.

In my opinion, there is room for many investigators in UFO research: physicists, biologists, psychologists, and parapsychologists. There are many levels of experience which can be investigated: See the proposed model.

In my opinion, the UFO experience is a "display": a display of various levels of reality, so that the witness is forced to reconsider his or her limited notions of reality. (See model).



In my opinion, the UFO experience also gently prods the UFO observer towards the recognition that he or she should become a witness: to have the courage to speak, to describe, to report the UFO sighting — often without evidence to support the claims about these "silly" and "bizarre" events.

My esteemed friend and colleague, Dr. Richard Haines, suggested that those of us who claim to have observed UFOs, and who are trying to be scientists, have a biased point of view. I agree. However, I also believe that those of us who claim we are scientists, and who are trying to become UFO observers, have a lack of first-hand information. Perhaps we all can work together and learn from each other.

Someday, I hope to attend a conference where the UFO contactees are the main speakers, and the UFO researchers sit and listen!

My initial UFO sightings (in 1950 and 1956), and my own studies of UFO witnesses during the past 17 years, have led me to several tentative viewpoints. These viewpoints have not come easily because I am slow to learn my lessons. However, through good friends, like Coral and Jim Lorenzen, Allen Hynek, and others, I have had the opportunity of talking with hundreds of people, as well as reading thousands of UFO reports. I have conducted a survey of more than 200 persons who claim to experience psychic impressions of UFO phenomena. And I have worked with over 40 persons who claim to have experienced an abduction by UFO occupants; with hypnotic techniques, we have helped each other to learn more about the significance and meaning of these UFO experiences. At this point, because of my own personal bias, I shall attempt to talk like a scientist: I shall present my views as hypotheses, or speculations, not as conclusions; also, I shall present my views through the words of another investigator.

SPECULATIONS

Here are the speculations of James E. Frazier (Personal Communication, 1978) about the significance of "contact" experience between UFO percipients and the intelligence behind the UFO phenomenon:

Purpose of Contacts: Filtering of knowledge to people of Earth.
Method of Operation: A certain type of person is being abducted and implanted with information which is to serve as a bridge to understanding the "extra-terrestrial" perspective on Earth. Implantation involves an area of the mind which cannot be tapped by hypnosis, unless so permitted by "extra-terrestrials". The knowledge is designed to be doled out, in a step-by-step fashion, to the proper people of Earth, and at the proper times. This is all controlled by "keys" and "cues" implanted along with the knowledge.

TO BE CONCLUDED
 IN THE NEXT ISSUE



repeated abductions and face to face encounters with "extra-terrestrials" living on Earth.

Motivation of the Method: To filter information, on a grass roots level, to the common people of Earth. Exploitation, sensationalism and misuse of information are controlled by selecting contactees who have little use or understanding for the knowledge. Also, each contactee is given a "bit" of knowledge, "or piece of the great puzzle" requiring that he/she unite with other contactees and combine the knowledge with facts already established by Earth scientists.

A primary concern is to let "earthlings" do the hard work of research, analysis and application of the knowledge so that we do not become "lazy" and sycophantic with relation to the "extra-terrestrials".

Relationship Dynamics Between Extra-Terrestrials and Earthlings: The dynamics of the relationship are similar to a counseling and guidance paradigm. The guidance involves psychological guidance leading to self-determinism and spiritual-metaphysical experiences, along with scientific knowledge and technical application of knowledge.

The Body of Knowledge: The information can be classified into four or five basic areas:

1. Archeological, involving clues to re-study of pre-history events and patterns of society.
2. Geological, involving earthquakes and land mass shifts.
3. Meteorological, involving current weather conditions as they are affected by magnetic forces.
4. Genetic, involving cloning.
5. Biological, involving extension of life-span, regeneration of tissue and general "body-building" of man.
6. Scientific, involving space travel - Their Way - electromagnetic fields of Earth and their relationship to biomagnetic fields and their combined relationship to electromagnetic properties of matter, energy, and thought.
7. Spiritual knowledge involving experiences of consciousness beyond the body: telepathy and other paranormal phenomena.

Each Contactee is given his or her own piece of this vast body of knowledge; she/he is instructed to research the past civilizations of Earth and discover indications that this knowledge did, in fact, exist on Earth at one time.

Then she/he is challenged with presenting the knowledge again to mankind, in a way that proves beneficial to all mankind, without causing division or exploitation with the people and societies and governments of the world.

If true, this is a brilliant plan and leads us by logic to shift study from UFO sightings and contactees - to the knowledge presented thru contactees.

AUDIENCE PARTICIPATION

Now, during the next few minutes, I propose that we take an imaginary journey, through time and space, to your first UFO sighting. Perhaps your first UFO sighting has occurred in the "past", perhaps it

will occur in the "future"; perhaps you do not believe in the levels of reality of UFO phenomena, and you will use this exercise as a period of rest and relaxation!

In any event, I will offer some suggestions for muscular relaxation; some suggestions for concentration and imagination; some suggestions for contacting your spiritual guide, or imaginary guide; and some suggestions for experiencing your own UFO sighting; then, when we return to the normal state, feeling alert and refreshed, you will be able to recall your impressions and compare them with other information about UFO observations.

(Several minutes of group instructions for relaxation; concentration; imaginary path in a garden; contact with a guide; and going to a time and place for one's own UFO sighting. Then, suggestions were given for returning to the normal state.)

I thank you, ladies and gentlemen, for your attention and your cooperation. I wish you well in your own search for more knowledge about the levels of reality in the UFO display.

A MODEL OF HUMAN CONSCIOUSNESS AND UFO EXPERIENCES

*Levels of Reality	**Levels of Evolution	Levels of UFO Experiences
SPIRIT	Spiritual E.	UFO Messages (Program for Cosmic Consciousness Conditioning)
THOUGHT	Psycho-Social E.	UFO Entities (Messengers of Humans)
LIFE	Biological E.	UFO Entities (Biological Creatures)
MATTER	Physical E.	UFO as Craft (Space-Time Travel)
?		

*P. Teilhard de Chardin, The Phenomenon of Man. NY: Harper-Torchbook, 1961.

**J. Huxley, Evolution in Action. NY: Mentor Book, 1953.



37 RA (1979) A middle-aged man recalled his experience as a young man in the USAF, encountering an UFO occupant and craft near an AF Base in California.

38 DD (1979) A man from Washington State described a conscious childhood memory of an abduction by several "Bigfoot" creatures: during hypnotic regression procedures, he recalled memories, or impressions, of small UFOLK who seemed to be in control of "Bigfoot" activities.

39 RKM (1979) A young man recalled an encounter with UFOLK while parked in a car in Palmedale, Florida.

40 DJG (1979) A young English man described his memories of an encounter with spiritual entities, or UFOLK, who claimed to be "Andromedans."

41 SLN 42 LEN (1979) A husband and wife recall a UFO sighting and an encounter with UFOLK on a Colorado county road.

43 PCT (1979) A young man in Brazil described his impressions of "out of the body" experiences and encounters with UFOLK and/or spiritual beings.

44 Kimberle Lenz (1979) A young woman described her memories of an auto journey on a Colorado road, with her brother, and the impressions of an abduction by UFOLK.

45 BH (1979) A young Wyoming woman described her impressions of mental communication with UFOLK during her travels in Europe and California.

46 GG (1980) A Virginia man described his impressions of an UFO abduction and examination by UFOLK, including the feeling that he was somehow "transferred" into another body or that his body was "duplicated."

47 Judith E. Doraty (1980) A woman described impressions of abduction of her and her daughter; the woman recalls the interior of a craft and an operation by UFOLK on a calf.

Interviews (without hypnotic procedures) with UFO Contactees and Abductees

Case	Participant	Year of Interview
1	Betty Hill	1967
2	Barney Hill	1967
3	Catherine Fisher	1968
4	T. E. Wantanabe	1974
5	Wayne S. Aho	1974
6	Lucille McNamers	1974
7	Johnny Sands	1976
8	Travis Walton	1976
9	h.C. (England)	1979
10	F.M. (Brazil)	1979
11	Dorothy Burrow	1980
12	Ida Kannenberg	1980

Many UFO contactees describe memories, or impressions, of close encounters with UFOLK, including abductions and examinations; many contactees report injuries or physiological symptoms (Niemtzow & Schuessler, 1980), such as temporary paralysis, dizziness, nausea, vomiting, headache, blindness, percep-

report chronic symptoms, e.g., skin lesions. Many UFO contactees report a variety of psychic manifestations and paranormal events in their lives. Some contactees recall impressions, or memories, of a series of encounters involving "instruction" by UFOLK for a mission or a task in this life; in some cases, these individuals feel as if they have "developed" a new body or a new personality, or as if they have been "joined" by another personality. In some cases, these persons describe messages from UFOLK which purport to offer prophecies or predictions about the next 20 years in the history of humankind (Sprinkle, 1979b).

Of course, there are many doubts and questions about the significance of the claims and the "messages" of UFO abductees and contactees; these persons themselves are skeptical about the source of these messages. A skeptical attitude is appropriate in evaluation; however, that attitude may be a hindrance in the exploration of UFO experiences. For example, my own skepticism caused a delay of almost 2 years before beginning the investigation of the UFO experiences of Pat L. McGuire.

PAT L. MCGUIRE: UFO CONTACTEE

Pat McGuire and his wife, Wanda, live with their 8 children on a ranch 30 miles north of Laramie, Wyoming. Pat is 37 years old; he was born (August 15, 1942) and raised in Wheatland; he worked as a guide and outfitter for 14 years, and he farmed with his father and brothers. In 1971, he talked with other people about his plan to dig a large well in a prairie basin near Bosler, Wyoming. His father and brothers decided not to go along with his plan; some people told him that they thought his plan was a "crazy idea." He called several companies, in Arkansas, California, and Texas, but he was unable to hire anyone to bring in a rig which was large enough to dig the proposed well. Finally, he enlisted the aid of a friend to build the rig. While continuing to work his cattle, and living in a small trailer house, Pat worked compulsively for several years at a project which seemed "crazy" to others but "real" to him: he marked a spot in the ground where he wanted to dig the well; he set up the rig and hired a driller to dig the well; he set up an army tank motor (which he had bought several years earlier) and he hired someone to install the pump (which had been purchased from a company whose representative tried to dissuade him from buying the pump); he dug a 15 inch hole to the depth of 350 feet.

Now, the present motor can pump 8000 gallons a minute of pure water, and Pat can irrigate simultaneously 10 "circles" or approximately 14000 acres of malt barley. Pat works long hours, including the midnight and 3 a.m. "check" on the irrigation systems; however, he and his family have created a huge garden in an area that once could only support sagebrush, jackrabbits, and some cattle.

(To be continued in the next issue. We apologize to Dr. Sprinkle for the omission of his name from the beginning of the article in Vol. 29, No. 4. A simple

WISCONSIN, November 25, 1980-Minocqua... Several persons reported seeing two UFOs flying over Lake Tomahawk about 10:30 p.m. Dale Kron and Ruth Klippel watched one object for about 1 1/2 hours, sometimes through binoculars.

They said it was about 3 miles away, cone-shaped and had flickering red, green and white lights. It moved slowly near the horizon and then moved to some 45 degrees in the sky. Another object was then sighted which appeared to circle the first one.

Celeste Nowak also reported seeing the two objects on the same night. All of the witnesses reported that the objects reflected in the lake and made no sound.

December 4, 1980-St. Croix Falls... Rodney Wycoff and Terry Enney were driving home from work around 6 p.m. when they sighted 2 large balls of white light that seemed to cross the road in front of them. Wycoff pulled his truck to the side of the road and they both stepped out for a better look.

The lights were very bright, totally white, never blinked or dimmed and seemed to be circling from east to west at a very high speed. They watched the objects for a few minutes, then decided to continue home. When they got to Enney's home the objects were still there.

After a few minutes a third ball of light appeared and accelerated rapidly past the other two. As it passed, it turned on its side and they could see that it was a circular shape, like a saucer. The third object seemed to lead the other two away until they all disappeared. The men had watched the objects for a little more than half an hour.

VIRGINIA, January 13, 1981-Raccoon Ford... Around 6:30 p.m., Robert Lane was leaving a store on Route 522 when he saw a formation of lights approaching. When he arrived at his home, about three quarters of a mile away, he called Ronnie Norman and Wanda Deese, a neighbor, and told them to look out on the alfalfa field about 1/4 mile away.

What they saw was lights described as "big, red glowing torches," and "balls of floating fire." The lights glowed in the field for a while, went back down, went up again and disappeared. Although it was too dark for them to make out a definite shape, the witnesses felt the lights were attached to some sort of craft.

There is some debate as to whether or not the craft left any trace in the field. A 14-foot diameter section could be a landing mark, clover or, as Lane believes, a stand of dying black-eyed susans.

BRAZIL, November (?), 1980-Macapa... Seventy or more people, awaiting the re-establishment of ferry service across the Aragari River, watched a strange object rise up from the river, hover at 5 to 6 meters above it and 100 meters from the river bank, rise slowly to a height of 200 meters and stop there for 4 minutes. It then turned left and proceeded at a moderate speed towards the ocean.

Witnesses said the object appeared solid, about 5

meters in diameter, was shaped like a cloud and showed no sign of luminosity.

On the opposite bank of the river at Amapa, Francisco Silveira said the object came within 30 meters of him. It stayed there for a long while "as if it was watching me."

On the preceding day in Amapa, a car with 3 passengers was followed by a plate-shaped object with its borders lit up. It then stopped still above a sports module facing a local hotel.

ENGLAND, November (date?), 1980-Preston... Mario Luisi was walking his dog on the banks of the river when he saw something "that I thought must be a cow." He swung around and shone his torch (flashlight) and a light flashed back, melting it.

He then saw a craft about 16 feet long and 8 feet deep hovering just off the ground. The craft was dark-colored with a blunt nose and glass windows. A man and a woman with light-colored hair, in a helmet style down past their shoulders, stood next to the craft. They were about 5 feet, 6 inches tall, wore skin-tight black wet-look suits and she had a cloak over hers. Luisi said they had very pale skins but were the most beautiful people he had ever seen.

Luisi was with them for 2 or 3 minutes and the woman did all the talking-in English. She told him they would not harm him but that he should not reveal certain things like the letters on the craft and the emblems on their clothing. The beings then got back in the craft and it shot straight up into the sky "in a red glow."

UFO CONTACTEES: CAPTIVE COLLABORATORS OR COSMIC CITIZENS?°

By R. Leo Sprinkle, PhD.

[Continued from Vol. 29, No. 4]

32 RD 33 GD 34 MD (1979) Father, mother, and son recalled an abduction experience, by UFOLK, when camping in a desert in Mexico. The father described impressions of "messages" from UFOLK about the Near East and increased UFO activity beginning in February 1980.

35 Millie Lindsey (1979) A coach of a University Women's Softball team recalled an earlier UFO sighting, and UFOLK encounter, when she was driving on a California highway.

36 TJM (1979) A young woman recalled a childhood memory of a crash of a strange airplane in a small Texas town.

AP